

Brisbane Group Programs & Services (2023)

Updated: 3 Decemebr 2022

There are 4-components to the Group Pain Management Program:

1. MDT Assessment Day
2. 4-Day Group Treatment Program
3. Post Program Follow-Up Day (usually 2 weeks after completion of group program)
4. MDT Review Day (usually 3-6 months after starting the program).

We may be able to provide additional services depending on type of needs and staffing availabilities. At times, this may involve joining in with a group for a single session (if appropriate). We can also provide services over telehealth if applicable.

Please email referrals@skip.org.au to enquire about any of these services.

Group Pain Management Program

Intake	Assessment <i>8:30am-2:30pm</i>	4-Day Program <i>8:30am-2:30pm</i>	Follow-Up <i>8:30am-2:30pm</i>	MDT Review <i>8:30am-2:30pm</i>
39	Mon 13 Feb	Mon 20 Feb - Day 1: So Where do we Start? Mon 27 Feb - Day 2: Knowledge is Power Mon 06 Mar - Day 3: I've got This Mon 13 Mar - Day 4: Pacing, Pillars and Play	Mon 27 March	Mon 12 June
40	Mon 8 May	Mon 15 May - Day 1: So Where do we Start? Mon 22 May - Day 2: Knowledge is Power Mon 29 May - Day 3: I've got This Mon 5 June - Day 4: Pacing, Pillars and Play	Mon 19 June	Mon 7 August

Intake	Assessment 8:30am-2:30pm	4-Day Program 8:30am-2:30pm	Follow-Up 8:30am-2:30pm	MDT Review 8:30am-2:30pm
41	Mon 3 July	Mon 10 Jul - Day 1: So Where do we Start? Mon 17 Jul - Day 2: Knowledge is Power Mon 24 Jul - Day 3: I've got This Mon 31 Jul - Day 4: Pacing, Pillars and Play	Mon 14 August	Mon 16 October
42	Mon 28 Aug	Mon 4 Sep - Day 1: So Where do we Start? Mon 11 Sep - Day 2: Knowledge is Power Mon 18 Sep - Day 3: I've got This Mon 25 Sep - Day 4: Pacing, Pillars and Play	Mon 9 October	Mon 27 November
43	Mon 23 Oct	Mon 30 Oct - Day 1: So Where do we Start? Mon 06 Nov - Day 2: Knowledge is Power Mon 13 Nov - Day 3: I've got This Mon 20 Nov - Day 4: Pacing, Pillars and Play	Mon 4 December	Early 2024 TBC

Other Key Dates

Pain Week 2023: 24-30 July TBC

Review Clinic for second last 2022 Group 37:

Mon 16 January 2023, 8:30 – 2:30pm

3 Month Review Clinic for last 2022 Group 38:

Mon 20 March 2023, 8:30 – 2:30pm