

Brisbane Group Programs & Services (2021)

There are 4-components to the Group Pain Management Program:

- 1. MDT Assessment Day
- 2. 4-Day Group Treatment Program
- 3. Post Program Follow-Up Day (usually 2 weeks after completion of group program)
- 4. MDT Review Day (usually 3-6 months after starting the program).

We may be able to provide additional services depending on type of needs and staffing availabilities. At times, this may involve joining in with a group for a single session (if appropriate). We can also provide services over telehealth if applicable.

Please email <u>referrals@skip.org.au</u> to enquire about any of these services.

Group Pain Management Program

Intake	Assessment	4-Day Program		Follow-Up	MDT Review
	8:30am-2:30pm		8:30am-2:30pm	8:30am-2:30pm	8:30am-2:30pm
30	Mon 15 th Feb	Mon 22 Feb	- Day 1. Psychology & Art Therapy	Mon 29 March	Mon 14 June
		Mon 01 Mar	- Day 2. Physiotherapy & Occupational Therapy		
		Mon 08 Mar	- Day 3. Psychology & Art Therapy		
		Mon 15 Mar	- Day 4. Physiotherapy & Occupational Therapy		
31	Mon 10 May	Mon 17 May	- Day 1. Psychology & Art Therapy	Mon 21 June	Mon 9 August
		Mon 24 May	- Day 2. Physiotherapy & Occupational Therapy		
		Mon 31 May	- Day 3. Psychology & Art Therapy		
		Mon 07 June	- Day 4. Physiotherapy & Occupational Therapy		
32	Mon 5 July	Mon 12 Jul	- Day 1. Psychology & Art Therapy	Mon 16 August	Mon 18 October
		Mon 19 Jul	- Day 2. Physiotherapy & Occupational Therapy		



Intake	Assessment	4-Day Program	Follow-Up	MDT Review
	8:30am-2:30pm	8:30am-2:30pm	8:30am-2:30pm	8:30am-2:30pm
		Mon 26 Jul - Day 3. Psychology & Art Therapy		(combined with Gp
		Mon 02 Aug - Day 4. Physiotherapy & Occupational Therapy		26)
33	Mon 30 Aug	Mon 6 Sep - Day 1. Psychology & Art Therapy	Mon 11 October	Mon 29 November
		Mon 13 Sep - Day 2. Physiotherapy & Occupational Therapy		
		Mon 20 Sep - Day 3. Psychology & Art Therapy		
		Mon 27 Sep - Day 4. Physiotherapy & Occupational Therapy		
34	Mon 25 Oct	Mon 01 Nov - Day 1. Psychology & Art Therapy	Mon 6 December	Early 2021 TBC
		Mon 08 Nov - Day 2. Physiotherapy & Occupational Therapy		
		Mon 15 Nov - Day 3. Psychology & Art Therapy		
		Mon 22 Nov - Day 4. Physiotherapy & Occupational Therapy		

Other Clinics

Adhoc Allied Health Clinic – determined by demand

Mon 22 March 2021

Mon 12 April 2021

Mon 19 April 2021

MDT 3 Month Review Clinic for last 2020 Group

Group 29, Mon 8th Feb 2021, 8:30 – 2:30pm